

Travel Packing List

Pre-Travel Checklist

- Copy of credit cards e-mailed to myself with needed phone numbers to cancel them
- e-mail myself a copy of passport & visa (*international*)
- Get international health insurance (*international*)
- Get needed immunizations & drugs for trip (*international*)
- Make sure credit cards work abroad (*international*)

Travel Checklist

Essentials

- Cash
- Credit Card(s)
- International health insurance card (*international*)
- Passport (*international*)
- Yellow fever card if needed (*international*)
- Medicines - malaria pills (Malarone), Imodium, etc. (*international*)
- Toilet paper (*international*)

Logistics

- Itinerary
- Travel alarm clock
- Maps, guidebooks
- Flight schedule & hotel reservations
- Electricity converter (*international*)
- Frequent flyer number (s) (*if needed*)
- Cell phone re-charger (*if needed*)

Emergency

- Emergency money (*hidden separate from wallet*)
- Contacts in destination country (*international*)

Downtime & Tourist Stuff

- Camera & battery re-charger
- Paper and pen for journal
- Water bottle
- Nail clipper (*if needed*)
- Goggles & swim suit (*if needed*)
- Sun screen (*if needed*)
- Bug spray (*if needed*)

Regular Travel

- Clothes
- Shoes/ sandals/ boots
- Head phones for flight

Last Minute Items

- Toiletries
- Cell phone
- Keys
- Wallet
- Sunglasses
- Pajamas
- Already packed items (*wallet, passport, bags, etc.*)